



Code of conduct for children and young people

All young people taking part in any of our ACS sessions are expected to:

- Keep safe by listening to instructions, behaving responsibly and speaking when something isn't right
- Keep to the designated training and rest areas only – toilet break only with permission
- Respect the training area, the equipment and each other
- Turn up on time with the appropriate uniform and grading items when required
- Respect the differences between us, do not discriminate against gender, race, sexuality ability or religion
- Report incidents of bullying to the coaches
- Make our sessions welcoming to newcomers
- Respect your coaches and leaders
- Support and encourage your fellow students
- Follow the training area rules on safety at all times
- Report equipment or fixture brakeages

As a participant and student you have the right to:

- Enjoy your training and feel safe while doing so
- Be encouraged to speak out if there something not right
- Be involved in and contribute to how sessions are run
- Feel welcomed and valued
- Be encouraged to develop skills under our guidance
- Be looked after if there is an accident or injury

We expect everyone to follow this code of conduct and if any young person behaves in a way which breeches the spirit and objective of this code then disciplinary action may occur.

Signature of young student: _____

Signature of parent: _____

Date: _____

